August 19-26, 2025 CZECH REPUBLIC



# Exploring Gender Identity Through Art: genesis

INTERNATIONAL TRAINING COURSE PROMOTING GENDER IDENTITY THROUGH ART



### What is the project about?

:An innovative journey that combines art and therapy to explore gender identity in a safe and creative space.

### Why art?

:Art helps express what words sometimes cannot, fostering self-reflection and emotional well-being.

### Who is the project for?

:Anyone interested in exploring their personal relatioship to gender through an artistic and inclusive experience.

### What to expect?

:Guided workshops, expressive techniques, open sharing, and a unique journey of self-discovery.

### When & Where?

- 📍 August Czech Republic 🛏
- 📍 October Morocco 🔤

# Objectives

### TO CREATE

a friendly and convenient environment for open dialogue

### TO SHARE

good practices, ideas and experiences

### TO GAIN AWARENESS

about the issues connected with Gender identity among the youth

### TO EMPOWER

youth workers with a versatile toolkit that centers around the transformative potential of art

### TO STIMULATE

the self-development process of the participants



: Youth workers above 18 years old

: People with a good understanding of the local social reality in which they operate, especially regarding youth (including marginalized and discriminated), their reality and challenges they face.

: Youth workers, counselors, educators, trainers, but also project coordinators, youth leaders

: Artists and those who have interest in visual arts, theatre, photography, dancing and music (being an artist in NOT a requirment)

: Individuals dedicated to personal growth, skill development, and driving innovation in their fields.

We are looking for participants from the Czech Republic, Estonia, Greece, Italy, Morocco and Spain.



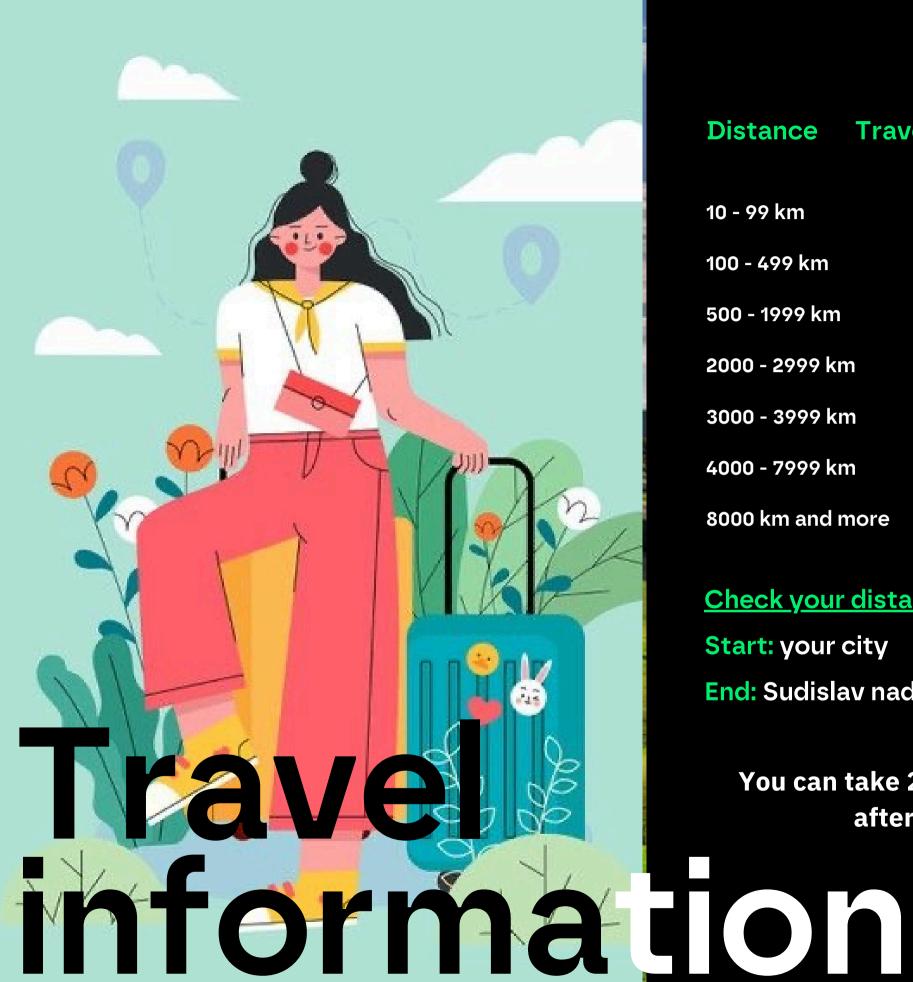
### Don't worry about the basics!

We've got you covered with program, accommodation, transportation, and meals thanks to the Erasmus+ program.

Travel costs will be reimbursed for the most affordable and direct way to get to the project. Check out the travel budget chart for specific amounts.

JUST ONE THING TO KEEP IN **MIND: MAKE SURE YOU HAVE** TRAVEL HEALTH INSURANCE.

> Keep all your receipts, invoices and travel documents so we can reimburse you.



### Infopack: g

Distance	Travel budget	Green travel
10 - 99 km	28 €	28 €
100 - 499 km	180 €	255 €
500 - 1999 km	280 €	390 €
2000 - 2999 km	365 €	505 €
3000 - 3999 km	550 €	755 €
4000 - 7999 km	1150 €	1160 €
8000 km and m	ore 1705 €	1705 €

Check your distance on this website.

**Start:** your city

**End:** Sudislav nad Orlicí

You can take 2 extra days before or after the project.



# Want to travel green and save some money?

The Erasmus+ program offers Green Travel Support for those who use eco-friendly transportation like:

carpooling,

buses,

or trains.

If you take these sustainable options for at least half of your trip, you'll have up to 4 extra travel days and a Green travel budget, please see the green travel budget.

### Financial Contribution

Financial contribution of selected participants is minimum 50 EUR. It will be paid on the project in cash (EUR/CZK).



# Meeting point & time

The meeting point will be in front of the main train station in Ústí nad Orlicí, by the green glass entrance into the building on August 19, 2025 between 4 and 6pm.





# Weather & What to bring

In August, average temperatures are between 20°C and 30°C. As we will be near the mountains, the temperatures will be lower than in the city and therefore it is necessary to adjust your clothing accordingly. We recommend checking the weather forecast before your journey.

passport

original boarding

passes/tickets

: indoor slippers

towel

reusable water bottle

: comfortable clothes

: hygiene care, any medicine

that you use or might need

: please leave alcohol home

Everyone is welcomed to bring food and drinks typical for their countries to share with others!

The 1st stage of the project will take place in the Czech Republic in Kubasova chalupa.

You will be sleeping in rooms for 3-7 people.

All meals and transportation (international and local) are covered by the project.

For more info, visit: Kubasova <u>chalupa</u>.

Address: Sudislav nad Orlicí 11, 562 01 Sudislav nad Orlicí



## Application

In order to apply, we ask you to send us a 2 min video where you will answer 2 questions and fill an online form.

You will then talk to one of team members.

- What gender inequalities do you notice within your community?
- In what way do you believe this project is going to contribute to your personal development?

For filling the application form: 20.06.2025

For purchasing tickets: 20.07.2025



•• Make sure to keep your video **NO longer** than 2 minutes!••



# i genesis

Genesis is a Czech non-governmental organization with a long tradition and simple philosophy.

Genesis provides individual and group trainings. At Genesis, we support all efforts to learn because the more we experience, the better off we all become.

Our goal is to help individuals and companies to receive training that is not only great but also socially responsible. We believe that innovation in education helps employees, employers, and society as a whole to sustainably grow and develop.

### TO KNOW IS TO GROW.



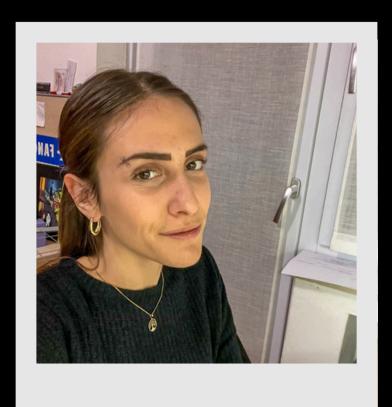
@genesis\_ngo



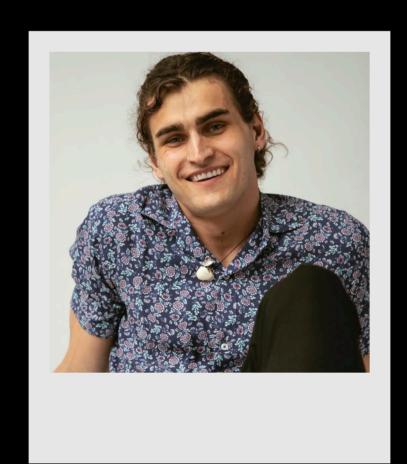
www.ngogenesis.com

Arte, Fatima, Georg, Marie, and Myrto met during the Erasmus+ project Human Rights Values, where they bonded over their shared commitment to social justice. Motivated by their experiences, they decided to create a project called Gender Identity Through Art, focused on addressing gender inequalities and exploring the complexities of gender identity. With the support of Genesis NGO, they began designing an initiative that uses art as a medium to challenge stereotypes, raise awareness, and create a safe space for dialogue around gender issues.

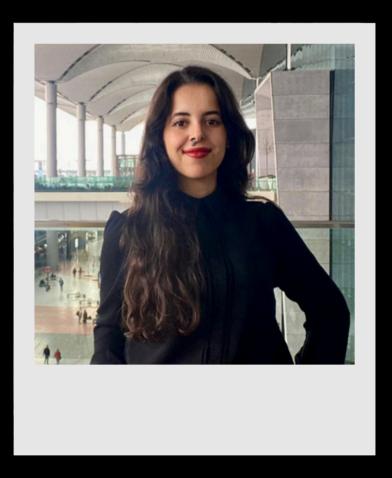




Artemisia is a history and literature teacher with a background in social and migration work. She has lived in different countries and is deeply passionate about creativity and gender studies. She loves to write both articles and short stories.



Fatima (Faty 20) specialized in International Management and Logistics with a passion for social work, fueled by experiences in multiple Erasmus+ projects. She oversees logistics in this project, ensuring smooth coordination and timely materials delivery. Committed to social impact, attends to support the team in achieving its goals artistically!

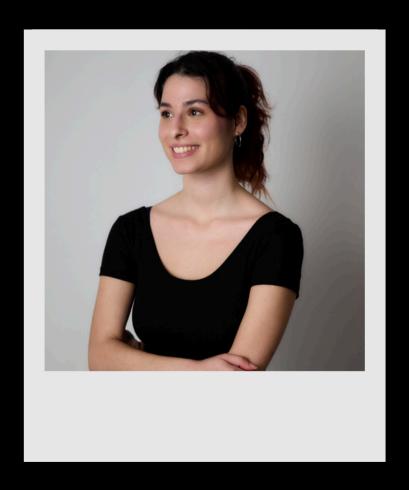


Georg is a fan of sports and self-expression. With a number of Erasmus+ projects behind his back, he wants to keep learning and sharing his experience with the others.



Marie is an educator and facilitator, believing in power of non-formal education. Passionate to improve the educational system, interested in psychology, conflict management and arts, particularly singing. Former ESC volunteer, having lived in several different countries can share her experience of immigration and integration.

Myrto is a passionate fine arts student dedicated to both creating and sharing art. With experience teaching diverse groups, including adults, children, and individuals with disabilities, she fosters creativity and self-expression in every setting. Through her volunteering, Myrto has contributed to making art accessible to all, believing in its transformative power for everyone.



## Gender Identity through

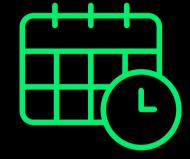
### Art: genesis

**Training Course** 

August 19-26, 2025 in the Czech Republic

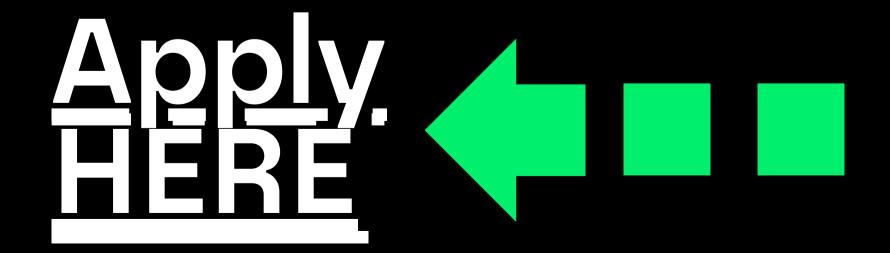
October 19-26, 2025 in Morocco



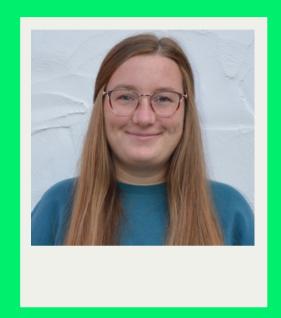


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### Contact: g



### Barbora Hanzíková

**Project Coordinator** 

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www.ngogenesis.com



: genesis

