

PROGRAM: COMMON HEALTH



PARTNERSHIP BUILDING ACTIVITY FOCUSED ON WELLBEING AND PERSONAL DEVELOPMENT

	Day 1 22.10.	Day 2 23.10.	Day 3 24.10.	Day 4 25.10.	Day 5 26.10.
8:00 - 9:00		Mindful Breakfast	Mindful Breakfast	Mindful Breakfast	Mindful Breakfast + Departures
09:30 - 13:00		Get2know Wellbeing & Me	Book Your Date: Matchmaking for future projects, One2one sessions Innovative Techniques Workshop	Creating Common International Projects	Departures 8 - 10
13:00		Common Lunch	Common Lunch	Common Lunch	
15:00 - 18:30	Arrivals 16 - 18	Wellbeing Market: Presentations of organizations Mindfulness Workshop: Time for YOUR wellbeing	Micro & Macro clima of my organization INSPIRATION Workshop: Display of successful projects Let' start new projects TOGETHER	Project Management + Next Steps Evaluation	
18:30	Digestive Dinner	Digestive Dinner	Digestive Dinner	Digestive Dinner	
Evening	19:30 Welcome in the Common Health	Chat & Tea	Power of Togetherness	See You Soon evening	